

All Adult Colour Belt 18+ - Entry Form

Completed form to be handed into Instructor for online registration no later than: **6th July 2025**

Adult 18 yrs and over Adult Competitor- £40 per event



| Gender | Rank | Point Stop | Continuous | Patterns |
|---------------------|----------------------|----------------|-------------|----------|
| Enter M or F | Rank Code | Weight Code | Weight Code | Enter P |
| M for Men | YL for Yellow | Yellow & Green | Red & Blue | |
| F for Female | GN for Green | | | |
| | BL for Blue | | | |
| | RD for Red | | | |

| Sparring |
|---|
| Yellow & Green Belts Point Stop Sparring |
| Blue & Red Belts Continuous Sparring |

| Adult Coloured Belt | Male Weights | Code |
|---------------------|-----------------------------|------|
| Light Weight | Up to & Including 65kg | L |
| Welter Weight | Over 65kg Up to & Incl 75kg | W |
| Middle Weight | Over 75kg Up to & Incl 85kg | M |
| Heavy Weight | Over 85kg | H |
| | | |
| Adult Coloured Belt | Female Weights | Code |
| Light Weight | Up to & Including 55kg | L |
| Welter Weight | Over 55kg Up to & Incl 65kg | W |
| Middle Weight | Over 65kg Up to & Incl 75kg | M |
| Heavy Weight | Over 75kg | H |

CLUB

STUDENTS FORENAME

STUDENTS SURNAME

ENTRY GRADE

KUP

**14th OPEN TAE KWON DO
WORLD CHAMPIONSHIPS 2025**