Adult Black Belt Destruction - Entry Form

Email Form to tagboffice@gmail.com for registration no later than: 6th July 2025 Adult 18 years and over (INC EXEC & SUPER EXEC) Adult Competitor- £40 per event



Male Black Belt Destruction		Female Black Belt Destruction	
H1 Forefist punch	F1 Side kick	H1 Palm Heel strike	F1 Side kick
H2 Knifehand strike	F2 Reverse Side kick	H2 Elbow strike	F2 Turning kick
		Tick each event you wish to take part in	

Please tick if you are you taking part in another event i.e. Sparring or Patterns

COUNTRY

STUDENTS FORENAME

STUDENTS SURNAME

ENTRY GRADE

DAN