

# Adult Black Belt Destruction - Entry Form

Completed form to be handed into Instructor for online registration no later than: **6th July 2025**

**Adult** 18 years and over (INC EXEC & SUPER EXEC) Adult Competitor- £40 per event



**14<sup>th</sup> OPEN TAE KWON DO  
WORLD CHAMPIONSHIPS 2025**

Male Black Belt Destruction				Female Black Belt Destruction			
H1 Forefist punch		F1 Side kick		H1 Palm Heel strike		F1 Side kick	
H2 Knifehand strike		F2 Reverse Side kick		H2 Elbow strike		F2 Turning kick	
				Tick each event you wish to take part in			

Please tick if you are taking part in another event i.e. Sparring or Patterns

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CLUB

STUDENTS FORENAME

STUDENTS SURNAME

ENTRY GRADE

DAN